

When:

Friday, August 30, 2019
from
10:00am - 11:30am EDT

Mental Health Professional Development Webinar Series

Building capacity for student services professionals to provide integrated, coordinated and evidence-based mental health services in schools

Topic:

Using Positive Psychology Assessment and Interventions to Promote Students' Complete Mental Health

Presenter:

Dr. Shannon Suldo, School Psychology Professor, University of South Florida, and author of *Promoting Student Happiness: Positive Psychology Interventions in Schools*

Objectives:

Upon completion of the webinar, attendees will increase knowledge in the following areas:

- ◇ Modern conceptualization of mental health that incorporates a positive psychology perspective in which complete mental health is reflected in indicators of wellness and emotional distress.
- ◇ Current research that supports associations between students' complete mental health and their academic achievement and schooling experiences.
- ◇ Key constructs within the field of positive psychology, including subjective well-being (i.e., happiness), character strengths, strong relationships and how these constructs relate to youth resilience.
- ◇ Methods to assess positive psychology constructs (i.e., subjective well-being, character strengths) among youth and how to use data from such assessments in (a) universal screenings of student mental health, and (b) progress monitoring and evaluative efforts.
- ◇ How positive psychology fits in a multi-tiered system of supports.

Participant Directions

Adobe Connect Link:

<http://tlc-flmtss.adobeconnect.com/auditorium>

Use computer audio or

Call Toll-Free:

1-888-585-9008

Enter Conference Room Number:

424-406-595



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